



## COVID-19

Fulton County Public Health would like to offer some resources to people to help with reducing the spread of disease. If you are experiencing symptoms such as a fever, cough, sneezing, or shortness of breath then please contact your primary health care provider to review your symptoms. Please, unless you have a true emergency, do not just go to Urgent Care or the Emergency Room.

Below are links that you can visit for detailed information. If you have general questions on COVID-19, please call the New York State Department of Health hotline at 1-888-364-3065. The hotline is available 24/7.

### **General information on COVID-19**

<https://www.health.ny.gov/diseases/communicable/coronavirus/>

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

<https://youtu.be/3AozUnFbYJs>

## Resources for you as an individual

<https://youtu.be/aFXb3yiYA2E>

<https://www.cdc.gov/coronavirus/2019-ncov/community/home/index.html>

[https://www.youtube.com/watch?time\\_continue=26&v=bPITHEiFWLc&feature=emb\\_logo](https://www.youtube.com/watch?time_continue=26&v=bPITHEiFWLc&feature=emb_logo)

<https://www.cdc.gov/coronavirus/2019-ncov/community/home/cleaning-disinfection.html>

<https://www.cdc.gov/coronavirus/2019-ncov/community/home/get-your-household-ready-for-COVID-19.html>

<https://www.cdc.gov/nonpharmaceutical-interventions/personal/index.html>

<https://youtu.be/ANvNCK6546M>



## For Higher Risk and Special Populations

<https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/high-risk-complications.html>

<https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/pregnant-women.html>

<https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/pregnancy-faq.html>

<https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/pregnancy-guidance-breastfeeding.html>

<https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/children-faq.html>

## For Workplace

<https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html>

<https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html>

### If you're sick, stay home, rest, and remember to:



Cover your coughs and sneezes with a tissue or your sleeve.



Wash your hands often with soap and water.



Clean frequently touched surfaces and objects (for example, TV remotes and computers).



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**Employers: Consider offering flexible leave and telework policies.**  
Make it easier for your staff to stay home when they're sick or caring for a sick family member

For more information: [www.cdc.gov/npa](http://www.cdc.gov/npa) | 1-800-CDC-INFO (232-4636) | [www.cdc.gov/info](http://www.cdc.gov/info)



**DO YOUR PART**  
**SLOW THE SPREAD OF GERMS**

**Cover your coughs and sneezes**

**Stay home when you're sick**

**Wash your hands often**

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1-800-CDC-INFO (232-4636) | [www.cdc.gov/info](http://www.cdc.gov/info)

## For Schools

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/guidance-for-schools.html>

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/schools-faq.html>

<https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html>

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/checklist.html>



## For First Responders

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-for-ems.html>

<https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-law-enforcement.html>

[https://www.cdc.gov/coronavirus/2019-ncov/hcp/clinical-criteria.html?CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fclinical-criteria.html](https://www.cdc.gov/coronavirus/2019-ncov/hcp/clinical-criteria.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fclinical-criteria.html)

## For Healthcare Settings

<https://www.cdc.gov/coronavirus/2019-ncov/healthcare-facilities/steps-to-prepare.html>

<https://www.cdc.gov/coronavirus/2019-ncov/healthcare-facilities/guidance-hcf.html>

<https://www.cdc.gov/coronavirus/2019-ncov/healthcare-facilities/prevent-spread-in-long-term-care-facilities.html>

[https://www.cdc.gov/coronavirus/2019-ncov/infection-control/control-recommendations.html?CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fhcp%2Finfection-control.html](https://www.cdc.gov/coronavirus/2019-ncov/infection-control/control-recommendations.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fhcp%2Finfection-control.html)

[https://www.cdc.gov/coronavirus/2019-ncov/hcp/respirators-strategy/index.html?CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fhcp%2Frespirator-supply-strategies.html](https://www.cdc.gov/coronavirus/2019-ncov/hcp/respirators-strategy/index.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fhcp%2Frespirator-supply-strategies.html)

**STOP** **CONTACT PRECAUTIONS** **STOP**  
**EVERYONE MUST:**

 **Clean their hands, including before entering and when leaving the room.**

**PROVIDERS AND STAFF MUST ALSO:**

 **Put on gloves before room entry. Discard gloves before room exit.**

 **Put on gown before room entry. Discard gown before room exit.**  
**Do not wear the same gown and gloves for the care of more than one person.**

 **Use dedicated or disposable equipment. Clean and disinfect reusable equipment before use on another person.**

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## **For Institutes of Higher Education, Colleges, Universities**

<https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-ihe-response.html>

<https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html>

<https://www.cdc.gov/coronavirus/2019-ncov/community/student-foreign-travel.html>

## **For Community and Faith Based Leaders**

<https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/guidance-community-faith-organizations.html>

<https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html>

<https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/checklist.html>

## **For Large Community Events, Mass Gatherings**

<https://www.cdc.gov/coronavirus/2019-ncov/community/large-events/mass-gatherings-ready-for-covid-19.html>

<https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html>

<https://www.cdc.gov/coronavirus/2019-ncov/community/large-events/election-polling-locations.html>

A big message in all the guidance is WASH YOUR HANDS! Here is a video from the CDC on the proper way to wash your hands.

<https://youtu.be/d914EnpU4Fo>